

	30	6	13	20	27	4	11	18	25	1	8	15	22	29	6	13	20	27	3	10	17	24	31	7	14
	31	7	14		28	5	12	19	26	2	9	16	23	30	7	14	21	28	4	11	18	25		8	15
	1	8	15	22	29	6	13	20	27	3	10	17	24	1	8	15	22	29	5	12	19	26	2	9	16
	2	9	16	23	30	7	14	21	28	4	11	18	25	2	9	16	23	30	6	13	20	27	3	10	17
	3	10	17	24		8	15	22	29	5	12	19	26	3	10	17	24	31	7	14	21	28	4	11	18
	4	11	18	25	2	9	16	23	30	6	13	20	27	4	11	18	25		8	15	22	29	5	12	19
	5	12	19	26	3	10	17	24	31	7	14	21	28	5	12	19	26	2	9	16	23	30	6	13	20

	8:00~8:40		13:30~14:10	18:50~19:30
	8:45~9:25		14:15~14:55	19:35~20:15
	9:40~10:20		15:10~15:50	20:20~21:00
	10:30~11:10		16:00~16:40	
	11:15~11:55		16:45~17:25	

	14	21	28	7	14	21	28	4	11	18	25	2	9	16	23	30	6	13	20	27	4	11	18	25	1
	15	22	1	8	15	22	29		12	19	26	3	10	17	24	31	7	14	21	28	5	12	19	26	2
	16	23	2	9	16	23	30	6	13	20	27	4	11	18	25	1	8	15	22	29	6	13	20	27	3
	17	24	3	10	17	24	31	7	14	21	28	5	12	19	26	2	9	16	23	30	7	14	21	28	4
	18	25	4	11	18	25	1	8	15	22	29	6	13	20	27		10	17	24	1	8	15	22	29	5
	19	26	5	12	19	26	2	9	16	23	30	7	14	21	28	4	11	18	25	2	9	16	23	30	6
	20	27	6	13	20	27	3	10	17	24		8	15	22	29	5	12	19	26	3	10	17	24	31	7

	8:00~8:40		14:00~14:40	18:50~19:30
	8:45~9:25		14:45~15:25	19:35~20:15
	9:40~10:20		15:40~16:20	20:20~21:00
	10:30~11:10		16:30~17:10	
	11:15~11:55		17:15~17:55	